

Summer Safe Pensacola

Empowering our community with life-saving skills



Bystanders save lives

With 2.5 million tourists visiting Pensacola Beach during the summer, learning lifesaving skills can keep our visitors and community safe. Ascension Sacred Heart and Studer Family Children's Hospital, together with Visit Pensacola, American Heart Association, Escambia County Emergency Services and AirCare, are hosting a free training event designed to equip hospitality workers with skills to act when seconds count.

Hands-only CPR

Cardiac arrest can happen to anyone, anytime, anywhere. Studies show that only 1 in 10 people who suffer cardiac arrest in public survive, but the odds of survival can triple when a bystander initiates Hands-Only CPR immediately.

This class will help you feel confident performing Hands-Only CPR when it matters most. You'll get real-time feedback from instructors and healthcare professionals with hands-on experience, learn tips for performing high-quality chest compressions, and have the chance to ask questions and connect with local healthcare professionals.

Stop the Bleed

Bleeding is the number one cause of preventable death following a life-threatening injury. Stop the Bleed is a training course that teaches hemorrhage control in three quick steps, giving you the skills and knowledge to save a life.

Water Safety

In Florida, drowning is the leading cause of accidental death for children under 5 — a risk made more urgent by year-round access to beaches, bayous, pools and the Gulf's dangerous rip currents. Training will include resources tailored for children with autism and special needs, as well as adults with dementia, who are at elevated risk of wandering near water.

Join us on June 16 at the Holiday Inn Resort on Pensacola Beach from 9 a.m. to noon or 2 to 5 p.m. Seating is limited. Register now by scanning the QR code below.

